

What Do I Practice?

Every time you down to practice the guitar, there should be a plan. I may or may not give you a specific homework assignment. Regardless, I expect my students to practice weekly using the four areas of study:

1. **Technique**

This is going to the gym, your guitar fitness, and would include: having good posture, 1-2-3-4 exercise, scales with a metronome, finger gym, chord changes, spider, legato exercises, bending, tapping, sliding, vibrato, etc.

2. **Knowledge**

This is about learning things, strum patterns, scales, chords, theory, arpeggios, rhythm patterns, reading rhythms, licks, vocabulary, and other things you can gain knowledge in.

3. **Repertoire**

We all must learn songs, right? That's the point of it all. So learn some! At the beginning of our time together, I have you fill out your ultimate song list for guitar. This can be changed over time, but you'll be expected to learn how to play these songs. I can help with technique and tear down the song for deeper understanding, but these songs will be learned in your own practice time.

4. **Creative Time**

I learned a lot of what I play today by playing around and finding different things that I thought sounded good and going with what I liked. Listening to guitar music and trying to copy it is a really fantastic way to figure out what you like to play and trains your ear to learn music. There are no mistakes, just a lot of creative time!